

Exercise 18: Examine the Behaviors You Most Value

There are behaviors you most value and expect in yourself and others. When people understand what is most important to you, they understand your priorities and what matters most to you concerning their own behavior.

Behavioral Priorities

Here you'll list the behaviors you most value, which will enable you to communicate their importance to others, and demonstrate those same skills in your own, everyday activities.

My Behavioral Priorities

Behavioral Priority Why It's Important How I Demonstrate It



My Behavioral Priorities: Example

Behavioral Priority	Why It's Important	How I Demonstrate It
Being committed to family	All of my personal decisions are driven by how they will benefit my loved ones	Thinking through impacts, benefits, etc., asking questions, being empathic
Knowing how to ask good questions	Gathers vital information from others	Preparing questions and being thoughtful during answers
Being a good listener	Indicates focus and care	Fully focusing on the speaker – no phone, Blackberry, etc. – and taking notes
Having a good work ethic	Ensures productivity and sets a good example	Show up on time, work hard, exhibit professional behaviors that feed focus and execution
Serving as a strong leader	A good leader supports a good team	Mentoring, listening, taking management classes, being professional